



## HIBISCUS LEMON UGX 10,000

A vibrant & tangy beverage combing the tartness of hibiscus flowers with the zesty freshness of lemon juice. This refreshing drink is rich in antioxidants & vitamin C offering a unique flavor profile that is both floral and citrusy.

#### MANGO UGX 10,000

A lucious & tropical beverage from ripe mangoes known for their sweet & rich flavor. Mango juice is refreshing & packed with vitamins A & C, offering a burst of tropical goodness in every sip.

## PASSION FRUIT UGX 10,000

A tropical & exotic drink made from the flavorful pulp of passion fruits. This juice is known for its sweet & tangy taste, reminiscent of a blend of citrus & tropical flavors

## PINNEAPPLE UGX 10,000

Known for its sweet & tangy flavor, this refreshing & tropical beverage made from freshly squeezed pineaaple bursts with natural goodness of ripe pineapples.

# JUICES

## PINNEAPPLE MINT UGX 10,000

pineapple mint juice is both hydrating & rejuvenating making it a favorite for a refreshing pick me up

## WATERMELON UGX 10,000

A hydrating & refreshing beverage made from freshly blended watermelon. This juice offers a delightful balance of sweet & herbal flavors, enhanced by the cooling sensation of mint.

## GUAVA UGX 10,000

Guava juice is rich in vitamins A and C, which boost immunity, improve skin health, and support vision. Additionally, it contains dietary fiber that aids digestion and promotes a healthy gut.



### HEALTHY PEAK UGX 10.000

A perfect blend of beetroots, Black jack, celery, lime, mint and cucumber flavours

#### DETOX ISLAND UGX 12.000

A compltete healthy detoxification choice of pomegramade and ovacado liquified puree

#### WELLNESS ISLAND UGX 10.000

A perfect combination of mango, carrot juice

#### BEETROOT UGX 10.000

A vibrant blend of fresh beetroot, crisp apples, zesty lemon, and a hint of ginger. This juice combines earthy flavors with a refreshing sweetness, packed with antioxidants and vitamins for a natural energy boost. Perfect for detoxing and revitalizing your day.

## THE SOOTHE UGX 10.000

Healthy pawpaw momordica basil, ginger and white cabbage blend to a perfect soothing taste

#### C FUSE UGX 12.000

A complete combination of all yellow fruits with healthy ginger bitter leaf spinach

#### RED FILL UGX 12.000

Healthy red friut fused with mint, ornage juice to a smoother candy tatste

## COCKTAIL UGX 10,000

A mix of citrus juices, tropical fruits and possibly mixed berries adding a sweetnes, acidity and complexity to the juice



## **SMOOTHIES**

#### CARROT & GINGER UGX 15.000

"Freshly blended carrots and zesty ginger for a vibrant, immunity-boosting smoothie. Naturally sweet, refreshing, and packed with nutrients!"

#### STRAWBERRY UGX 15.000

"Fresh and creamy blend of ripe strawberries, yogurt, and a hint of honey. Perfectly chilled for a sweet, refreshing boost!"

#### **LEMON UGX 15.000**

"Bright and refreshing lemon smoothie, blended with zesty citrus and a touch of natural sweetness for a cool, energizing treat."

#### PINNEAPPLE & MINT UGX 15.000

"Refreshing blend of sweet pineapple and cool mint, perfect for a tropical twist. Bursting with vitamins and a crisp finish!"

#### **CHOCOLATE UGX 12000**

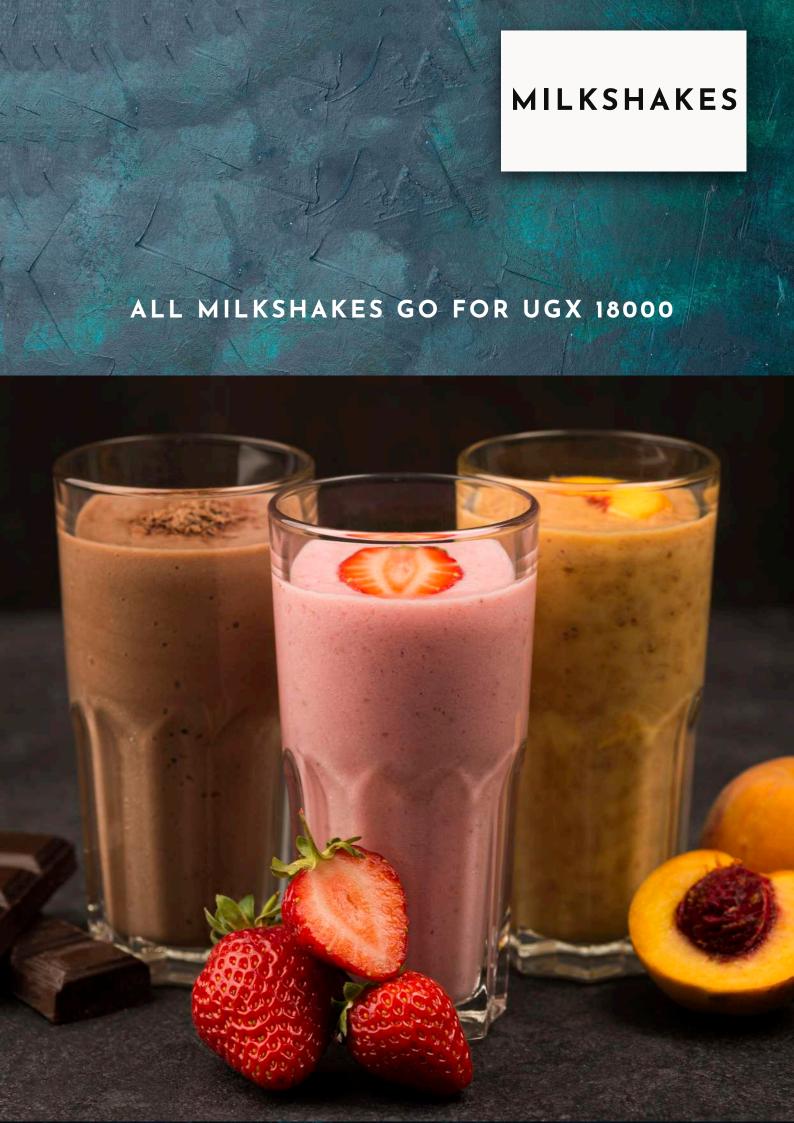
Rich, creamy, and indulgent chocolate smoothie blended to perfection for a guilt-free treat.

#### TROPICAL UGX 15.000

"Refreshing blend of tropical fruits with a hint of coconut, delivering a smooth, island-inspired taste."

#### **OREO UGX 20.000**

"Indulgent blend of creamy vanilla and crunchy Oreo cookies, topped with whipped cream for a delicious treat!"





**EXPRESSO** 

LATE

ICED COFFEE

GOLDEN TEA

HOT CHOCOLATE

CAPUCHINO

AFRICAN COFFEE

BLACK TEA

AFRICAN TEA

I FLASK OF BLACK TEA

I FLASK OF SPICED AFRICAN TEA

**UGX 10.000** 

**UGX 10.000** 

**UGX 10.000** 

UGX 20.000

UGX 10.000

**UGX 10.000** 

**UGX 10.000** 

**UGX 5.000** 

**UGX 10.000** 

**UGX 20.000** 

UGX 30.000

# SOFT DRINKS

**UGX 2.000** 

**UGX 2.000** 

SODA

WATER

**♥ KASANGATI OFF KIRA-KASANGATI ROAD ★ +256 742 999 000 OR +256 756 610 041** 

## **WELLNESS TEAS**

#### **GUAVA LEAVES TEA UGX 15.000**

Benefits: Guava tea offers numerous benefits including boosting immunity, aiding digestion, and promoting weight loss due to its rich antioxidant content and potential anti-inflammatory properties.

#### LEMON TEA UGX 15.000

A bright & zesty infusion made from fresh lemons. This refreshing tea combines the tang citrus flavor of lemons with subtle sweetness, creating a perfect balance of tart & smooth

#### **CHAMOMILE TEA UGX 15.000**

A soothing & floral herbal infusion made from dried chamomile flowers. This tea offers a gentle & calming flavor with hints of apple & a subtle sweetness. Its reknown for its relaxing properties & perfect for unwinding before bedtime.

#### DAWA TEA UGX 15.000

A traditional Kenyan remedy tea made with fresh ginger, honey, lemon & a touch of garlic. Known for its invogorating & immune boosting properties, this warmign tea offers a perfect balance of spicy, sweet and tangy flavors.

## HIBISCUS TEA UGX 15.000

A vibrant & refreshing herbal infusion, made from the petals of hibiscus flowers. This naturally caffeine free tea offers a tart cranberry like flavor with sybtle floral notes, perfect for a soothing experience

## MINT TEA UGX 15.000

A revitalizing herbal infusion made from fresh mint leaves. This cool, crisp flavored tea with refreshing aroma is perfect for invigorating your senses.



#### AVOCADO TEA UGX 15.000

Benefits:promoting heart health, aiding digestion, & providing antioxidants.

#### DANDELION TEA UGX 15.000

derived from the roots and leaves of the dandelion plant, stands out as a healthful beverage choice due to its plethora of benefits. It is packed with vitamins, minerals, and antioxidants, which contribute to potetially helping support liver health, stimulating digestion, and reducing inflammation in the body.

#### SOURSOP TEA UGX 15.000

Soursop leaves are rich in phytochemicals, such as acetogenins, alkaloids, phenolic compounds, vitamins and carotenoids, which can offer hypoglycemic, hypotensive, antispasmodic, sedative, anticancer, anti-inflammatory, immunomodulatory, antimicrobial, healing and sedative properties.

#### ROSEMARY TEA UGX 15.000

Indulge in this aromatic tea which combines the herbaceous notes of rosemary with the richness of milk

### MILKTHISTLE TEA UGX 15.000

Benefits: Milk thistle tea may support liver health by containing compounds like silymarin, which exhibit antioxidant and anti-inflammatory properties.

#### GREEN TEA UGX 15.000

An invogorating and antioxidant-rich beverage made from unoxidized tea leaves. Green tea offers a delicate & fresh flavor with grassy undertones & a slightly astrigent finsh.

#### BAMBOO TEA UGX 15.000

Benefits: Bamboo tea offers potential health benefits including antioxidants, aiding digestion, and promoting relaxation in one soothing brew.

